



St. Alexander School to Celebrate Month of the Young Adolescent

St. Alexander School, along with middle level schools throughout the United States, will celebrate the Month of the Young Adolescent in October to draw attention to the unique needs of 10-to-15-year-olds and the ways people can support those youngsters.

The celebration was created in 1997 by the National Middle School Association (NMSA) in collaboration with 31 other national educational, youth, and health organizations. Today, 41 groups, as well as NMSA's 57 affiliates, are collaborating on Month of the Young Adolescent.

Month of the Young Adolescent was created to bring about greater awareness of four key concepts that will help young adolescents reach their potential:

- The importance of parents being knowledgeable about young adolescents and being actively involved in their lives;
- The understanding that healthy bodies plus healthy minds equal healthy adolescents;
- The realization that the education young adolescents experience during this formative period of life will, in large measure, determine the future for all citizens; and
- The knowledge that every young adolescent should have the opportunity to pursue his or her dreams and aspirations, and post-secondary education should be a possibility for all.

St. Alexander School will host a number of events during October to draw attention to the importance of this age group. Among the activities at St. Alexander School in celebration of the Month of the Young Adolescent, will be

- Kick-off Day and the wearing of our MOYA PRIDE crowns. 10/2/07
- All About Me collages to show what the students dreams and aspirations look like
- Treat Day every Thursday for the month of October
- Service projects including making and send Halloween cards to nursing homes
- Random Act of Kindness Day
- Quilt Squares—What's best about Middle School
- Trivia contest